



Carlington
Community
Association

FAMILY COOKING CLASS

ALEXANDER COMMUNITY CENTRE
960 SILVER STREET. OTTAWA ON K1Z 6H5

Week 1: Breakfast

Week 2: Lunches and spreads

Week 3: Dinner

A hands-on cooking experience where families will learn basic kitchen skills to produce healthy meals. Participants will learn about kitchen safety, sanitation, and cooking techniques.

This program is free and everything will be provided. Children (6+) must be accompanied with an adult 18+

**NOVEMBER
7, 21
DECEMBER
5
6 PM-8 PM**



REGISTER BY EMAILING ADELESTUBBERT@GMAIL.COM